



Patient Checklist

Please review the checklist below the day before your surgery and follow the instructions to avoid any delays on the day of surgery.

1. Nothing to eat or drink after midnight the night before, unless otherwise instructed by the pre-admission nurse. No smoking, water, food, gum, cough drops, breath mints, etc. If you fail to follow these instructions, it is likely your procedure will be canceled. Please brush your teeth but DO NOT swallow the water.
2. Do not bring or wear jewelry including body piercing. Please leave all jewelry at home.
3. Wear loose fitting comfortable clothing, what you arrive wearing is what you leave in. Tight clothing is uncomfortable after surgery and you need room in your clothing to fit around newly placed bandages, splints, casts, etc.
4. Do not wear contacts to the Center. If you need glasses to see, wear them to the Center. Please bring a case to secure them in. You will be required to remove them prior to surgery.
5. Dentures and hearing aids may be removed prior to your procedure. Please bring a case to put them in.
6. Please bring a list of your medication(s) or your medication bottles with you on the day of your procedure.
7. Children are only allowed in the waiting area and must be supervised by an adult at all times. One or two adult visitors allowed in the patient care areas. Due to limited seating please limit your visitors to two persons.
8. You will be instructed if you are to take any medications the morning of your procedure by the pre-admission nurse.

YOU MUST HAVE A RESPONSIBLE ADULT BRING YOU TO THE CENTER, STAY DURING YOUR PROCEDURE, TAKE YOU HOME, AND CARE FOR YOU AT HOME AS NEEDED.